





YEAR 2019



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THE OVERALL NATIONAL LABOUR MARKET IN 2018



Source: Eurostat (2018)

Population and Employment

TOTAL POPULATION 19 530 631

TOTAL EMPLOYMENT* 8 382 000

64.8% of the population aged 15-64

TOTAL UNEMPLOYMENT* 380 000

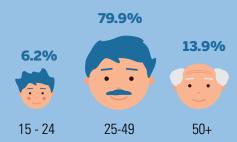
4.2% of the active population

*persons aged between 15 to 64 years old

Total employment - Gender



Total employment - Age



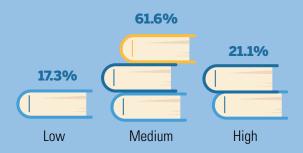
Total employment - Type of employment



Total employment - Type of contract



Total employment - Level of education*



* The statistics on level of education collated from Eurostat refer to ISCED level:

	ISCED 2011 (data from 2014 onwards)
Low education	Levels 0-2
Medium education	Levels 3-4
High education	Levels 5-8

PRACTICE OF SPORT AND PHYSICAL ACTIVITY



Source: Special Eurobarometer 472 on Sport and physical activity (Publication March 2018) - n=1005

Level of practice of sport or physical activity



Regularly (at least 5 times a week)



With some regularity
(1 to 4 times a week)

13%



Seldom (3 times a month or less)



Never

63%

Place of practice of those engaged in sport and physical activity



At home



On the way between home and school, work or shops



In a park, outdoors, etc.



At work



At a health or fitness centre

60%

25%

17%

13%

9%



Elsewhere 9%



At school or university 7%



At a sport club



At a sport centre 3%



Don't know

Reasons for engaging in sport or physical activity



Improve health **35%**



Relax **35%**



Control weight 21%



Improve fitness **20%**



Have fun



Improve physical appearance **16%**



Counteract the effects of ageing 15%



Be with friends



Improve physical performance
12%



Improve self-esteem 7%

Membership of clubs where people participate in sport or recreational physical activity



71%



Health or fitness centre



Sport club

2%
*Do not know= 2%



Socio-cultural club that includes sport 1%



Other

19%

Level of engagement in voluntary work that supports sport and physical activity





3 ·

THE SPORT AND PHYSICAL ACTIVITY SECTOR AND ITS LABOUR MARKET



This section presents analysis from the official statistics collated at both national and European level through National Statistics Offices (NSO) and Eurostat. For the purpose of the fact sheet, data are provided for two different years to underline tendencies. These years can be different depending on the topic as we have not always been able to collate the same level of information/statistics for each year.

The collection of data has been a challenge and this analysis presents the best information available about the national sport labour market from the official statistics but is not necessarily the exact reality. Further discussion on the statistics can be found in the European report of the project.

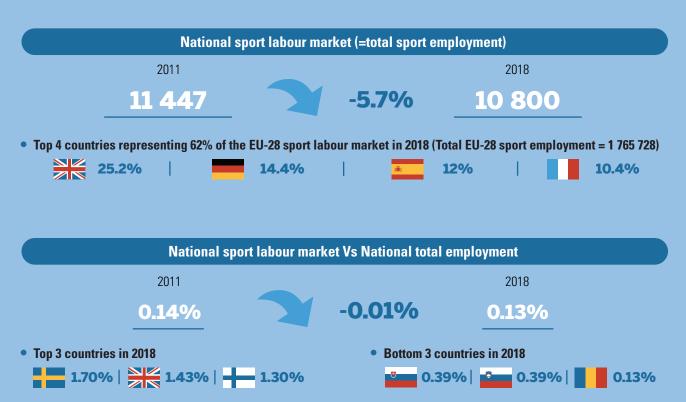
Scope: the widest sport and physical activity sector defined by the Council of Europe (2001) as "all forms of physical activity which, through casual or organised participation, aim at expressing or improving physical fitness and mental well-being, forming social relationships or obtaining results in competition at all levels". In this fact sheet we are using the term "sport sector" having the meaning of the broad sector of "sport and physical activity".

3.1 SIZE AND CHARACTERISTICS OF THE NATIONAL SPORT LABOUR MARKET

Sources: Eurostat and National Statistics Offices

To summarise our statistical definition for the sport labour market, the work carried out in collaboration with National Statistics Offices (NSO) and Eurostat was to collate available statistics on the number of:

- Persons having a sport-specific occupation (ISCO 342*) in an organisation whose main business is the provision of sport (NACE 93.1**), e.g. professional athletes, coaches, instructors in a sport club
- Persons having a non-sport specific occupation (Other ISCO codes) in an organisation whose main business is the provision of sport (NACE 93.1), e.g.
 managers, receptionists in a sport federation
- Persons having a sport-specific occupation (ISCO 342) in an organisation whose main business is not the provision of sport (Other NACE codes), e.g.
 a fitness instructor working in a hotel
- * ISCO "The international standard classification of occupations". ISCO divides jobs into 10 major groups of occupations and sport specific occupations are listed under ISCO3 Technicians and associate professionals and more precisely under the sub-group ISCO 342 Sport and Fitness Workers (3421 Athletes and Sports Players; 3422 Sports Coaches, Instructors and Officials; 3423 Fitness and Recreation Instructors and Programme Leaders).
- ** NACE "Statistical classification of economic activities in the European Community". NACE is basically a four-digit classification providing the framework for collecting and presenting a large range of reliable and comparable statistical data according to economic activity. The codes under NACE 93.1 (Sport activities) define the organisations whose main business is the provision of sport (93.11 Operation of sports facilities; 93.12 Activities of sport clubs; 93.13 Fitness facilities; 93.19 Other sports activities).



National sport labour market - Gender



National sport labour market - Type of employment



Proportion of sport occupation in 2016

National sport labour market - Type of contract



3.2 FOCUS ON SPORT SPECIFIC OCCUPATIONS (ISCO 342)

(ISCO 3421 - Athletes and Sports Players; ISCO 3422 - Sports Coaches, Instructors and Officials; ISCO 3423 - Fitness and Recreation Instructors and Programme Leaders)

Total number of people having a sport specific occupation (ISCO 342)

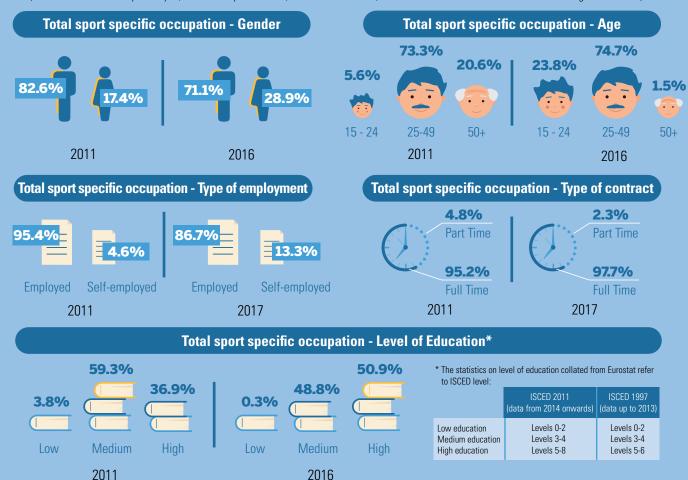


Variance from 2014 to 2016

11	Athletes and Sports Players ISCO 3421	+57.8%	11	Athletes and Sports Players ISCO 3421	25.6%
	Sports Coaches, Instructors and Officials ISCO 3422	-1.3%		Sports Coaches, Instructors and Officials ISCO 3422	55%
$\boldsymbol{\vdash}$	Fitness and Recreation Instructors & Programme Leaders - ISCO 3423	+50.6%	$\boldsymbol{\vdash}$	Fitness and Recreation Instructors and Programme Leaders - ISCO 3423	19.3%

CHARACTERISTICS OF PEOPLE HAVING A SPORT SPECIFIC OCCUPATION - ISCO 342

(ISCO 3421 - Athletes and Sports Players; ISCO 3422 - Sports Coaches, Instructors and Officials; ISCO 3423 - Fitness and Recreation Instructors and Programme Leaders)



3.3 FOCUS ON SPORT ORGANISATIONS (NACE 93.1)

NACE 93.1 (Sport activities) includes all organisations whose main business is the provision of sport (93.11 Operation of sports facilities; 93.12 Activities of sport clubs; 93.13 Fitness facilities; 93.19 Other sports activities)





Occupations engaged within sport organisations (NACE 93.1) - 2016

	ISCO 1 – Managers (e.g. directors, CEO)	N/A	×	ISCO 6 - Skilled agricultural and fishery workers (e.g. animal producers, market gardeners)	N/A
圓	ISCO 2 — Professionals (Health professionals, communication professionals, journalists, lawyers)	9.2%	Î	ISCO 7 - Craft and related trades workers (e.g. building workers, painters, cleaners, bicycle repairers)	N/A
	ISCO 3 - Technicians and associate professionals (incl. sport and fitness workers)	57.5%	'=	ISCO 8 - Plant and machine operators and assemblers (e.g. car, van, bus drivers, machine operators)	N/A
	ISCO 4 - Clerical Support Workers (e.g. secretaries, receptions, bookkeepers)	9%	j	ISCO 9 - Elementary occupations (e.g. office cleaners, labourers, deliverers)	7.6%
2	ISCO 5 - Service and sales workers (e.g. conductors, cooks, waiters, lifeguards, sales workers)	16.7%			

SKILLS NEEDS AND TENDENCIES FOR THE SPORT AND PHYSICAL ACTIVITY SECTOR



This section presents the main national results and key information from the first ever European Employer Skills Survey for the sport and physical activity sector. The goal was to consult the widest variety of employers to collate data on realities and difficulties to recruit and retain staff and volunteers and to identify the skill needs and future priorities for the sector.

The online survey was a great success with a total of **3,812 valid responses** collated from sport employers across the whole European Union and **72 responses** from your country.

Important: the analysis provides an elaboration of all responses collated through the survey and so should be taken into consideration carefully as it is not necessary the exact reality and the exact picture of the whole sector.

4.1 THE PROFILE OF RESPONDENTS TO THE SURVEY











Sport Club 45.8%

Sport Federation 25%

University/College 18.1%

Network association (umbrella organisation) Ministry responsible for sport

Status of respondents - n=67













Size of organisations - n=67



Public 52.2%

Not-for-Profit 40.3% *Other= 6%

Commercial (private for profit) 1.5%

No staff 17.9%

employees 19.4%

employees 37.3%

50+ employees 25.4%

4.2 EMPLOYMENT AND PRIORITY SKILLS FOR DEVELOPMENT

A positive forecast for the sector workforce

Compared to 12 months ago, the number of employees in respondents' organisation has: n=65

Increased

Remained the same

Decreased

27.7%

61.5%

*Do not know= 3.1%

7.7%

Increase

workforce of their organisation will: n=65

Remain the same

30.8%

Over the next 2 years, respondents think that the

Decrease 6.2%

*Do not know= 16.9%

46.1%

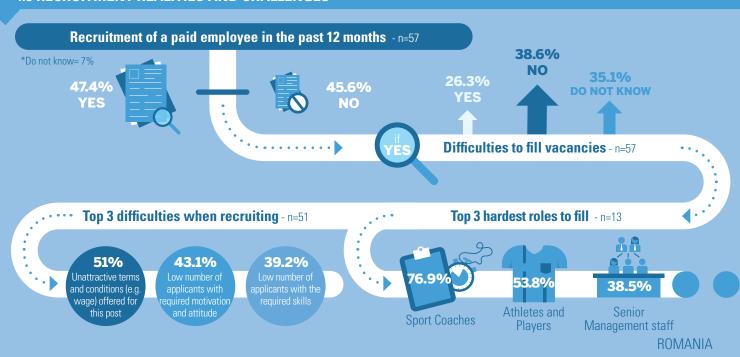
Occupations engaged in respondents' organisation - n=64

1		Sport coaches	92.2%
2		Senior Management staff	82.8%
3		Middle Management staff	67.2%
4		Sport officials	65.6%
5	11	Athletes and Players	64.1%

6	<u> </u>	Clerical and Office staff	54.7%
7		Operational staff	51.6%
8	**	Outdoor activity leaders and animators	35.9%
9	\mapsto	Fitness Instructors / Personal Trainers	28.1%

Skills and attributes 5 most important skills and attributes 5 weakest skills and attributes 1. Sport specific knowledge and skills 1. Ability to work with people with disabilities 2. Clearly communicate instructions 2. Ability to work with children 3. Plan coaching sessions and programmes 3. Marketing and selling skills 4. Evaluate performance and provide feedback 4. Ability to work with different participants Ability to work in compliance with codes of practice/ethics 5. Evaluate performance and provide feedback **Sport coaches** 1. Ability to work with different participants Ability to work in compliance with codes of practice/ethics 2. Marketing and selling skills 2. Team working skills 3. Ability to work with children 3. Team working skills 4. Clearly communicate instructions 4. Ability to work with people with disabilities **Outdoor activity** 5. Organise activities and events 5. Sport/activity specific technical knowledge and skills **leaders & animators** 1. Communicating effectively with participants 1. Ability to work with children 2. Exercise science knowledge (anatomy / physiology) 2. Customer service skills 3. Plan coaching sessions and programmes Understand participant needs 3. **Fitness instructors/** Designing sessions and programmes 4. Ability to work with different participants personal trainers Ensure health and safety of participants 5. Understand participant needs 1. Apply the rules and laws of the sport 1. Maintain effective working relationships 2. Ability to work in compliance with codes of practice/ethics 2. Communicate information as an official 3. Uphold integrity and fair play 3. Information/Communication Technology (ICT) skills 4. Problem-solving skills 4. Organisational and planning skills **Sport Officials** 5. Decision-making skills 5. Negotiation skills (e.g. referees, judges) Verbal communication skills 1. Leading change Marketing and sales skills Ability to work in compliance with codes of practice/ethics Problem-solving skills 3. Strategic thinking Organisational and planning skills 4. Information/Communication Technology (ICT) skills Senior and middle Team working skills 5. Facilitating innovation management staff Technical skills and knowledge required for their role Organisational and planning skills Ability to work in compliance with codes of practice/ethics 2. Technical skills and knowledge required for their role 3. Ability to maintain health, safety and security standards 3. Team working skills 4. Ability to maintain health, safety and security standards 4. Use of technology, equipment and tools 5. Use of technology, equipment and tools **Operational staff** 5. Problem-solving skills 1. Understanding written documents and writing clearly 1. Information/Communication Technology (ICT) skills 2. Communication skills 2. Communication skills 3. Administration skills 3. Organisational and planning skills **Clerical and office** 4. Technical skills and knowledge required for their role 4. Customer Service Skills staff / receptionists 5. Customer Service Skills 5. Administration skills

4.3 RECRUITMENT REALITIES AND CHALLENGES



4.4 RETENTION REALITIES AND CHALLENGES

Difficulties retaining staff - n=57







• Hardest roles to retain (top 3) - n=13



38.5% Professional athletes & players



38.5% Clerical and office staff



• Top 5 difficulties expressed for retaining staff - n=14





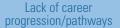


Unattractive conditions of employment











Lack of financial stability for the organisation

4.5 ENGAGEMENT OF VOLUNTEERS

Engagement of volunteers in a typical year - n=66

81.8%

Organisations engaging volunteers



10.6%

Organisations not engaging volunteers

Expectations of volunteers and paid staff

Do organisations have same expectations of volunteers and paid staff in the following roles?

• Sport officials

61.5% Yes 38.5% No

Outdoor activity leaders and animators n=15
 Sports Coaches n=47
 53.3% Yes
 46.7% No
 57.4% Yes

57.4% Yes 42.6% No

Clerical and office staff / receptionists n=28

53.6% Yes 46.4% No

• Operational staff n=23

47.8% Yes 52.2% No

• Senior and middle management staff

50.5% Yes 49.5% No

Problems in engaging volunteers and for which occupations

Any particular problem engaging volunteers
 _{n=57}

 \bullet Top 3 occupations where there are problems engaging volunteers $_{n=24}$

45.6%
42.1%
No
No
Do not know







KEY ISSUES AND CHALLENGES FOR THE SPORT AND PHYSICAL ACTIVITY SECTOR - n= 55



• Expectations and priorities from national governments on sport organisations are increasing



20%



 Sport organisations have become more professional in recent years



40% 54.6%

 The sector is changing and evolving, as a result the skills sector will change too







10.9%

• In the future there will be a demand for a better qualified workforce operating in sport organisations



56.4%



23.6%

 It is difficult to find and recruit people with the right skills to work as paid staff



80%



16.4%

 It is difficult to find and recruit people with the right skills to work as volunteers



65.5%



30.9%

• It is important that staff have access to ongoing training to keep their skills up to date



94.6%



5.5%

 New training courses are required to meet the training needs of sport organisations



80%



16.4%

 Universities/ training providers should work more closely with sport organisations



96.4%



1.8%

• It is difficult to progress from a **technical role** (e.g. as a coach or instructor) to a management position



49.1%



45.5%

 The workforce of paid staff and volunteers in the sport and physical activity sector needs to be inclusive





Staff would benefit from learning

experiences in other countries

80%



The missing percentages stand for the answer "I do not know" present in the initial survey. Respondents indicate their agreement/disagreement with the above statements.



THE PROJECT

The aim of the ESSA-Sport project, funded by the European Commission under the Erasmus+ programme, was to establish a European Sector Skills Alliance covering the full breadth of the sport and physical activity sector across the EU.

The 3-year project, which concluded in October 2019, aimed to create a debate within the sector on the key issues of skills and workforce development which are central to helping the sector grow, to equip those working or volunteering with the right skills and to enable the sector to fulfil its potential as a social, health and economic driver.

The overall ambition was to create an evidential basis for change and improvement, to create a major consultation on skills and to build a lasting consultation network at national and EU level to take forward the conclusions and recommendations made in national and EU Reports.

The consortium, composed of 20 national coordinators and 5 European networks, is proud to have generated new knowledge and statistics included within this National Fact Sheet.

Further information on the identified skill needs and future priorities for the sector can be found in the detailed European Report as well as National Reports.



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