



# ESSA-SPORT

Improving the Supply of Skills to the Sector



## MALTA

**NATIONAL LABOUR MARKET AND  
WORKFORCE DEVELOPMENT  
PRIORITIES FOR THE SPORT AND  
PHYSICAL ACTIVITY SECTOR**

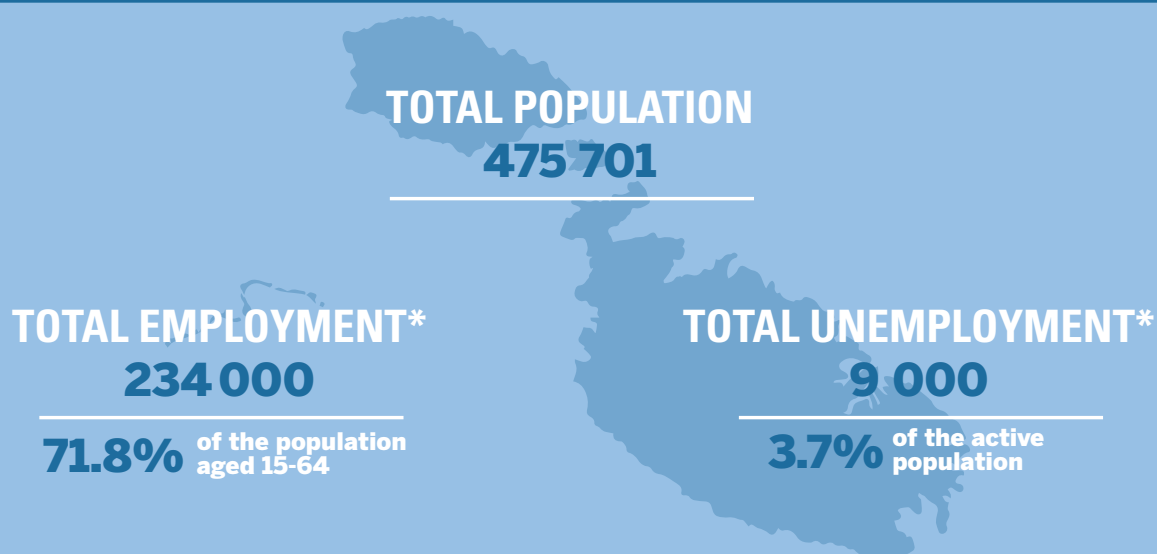
**YEAR  
2019**





Source: Eurostat (2018)

## Population and Employment

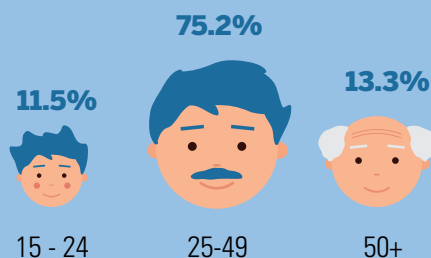


\*persons aged between 15 to 64 years old

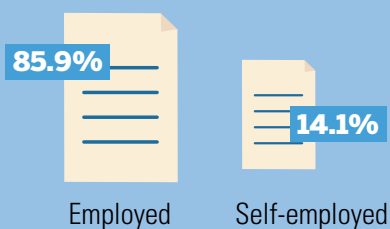
## Total employment - Gender



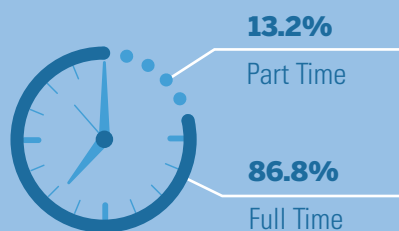
## Total employment - Age



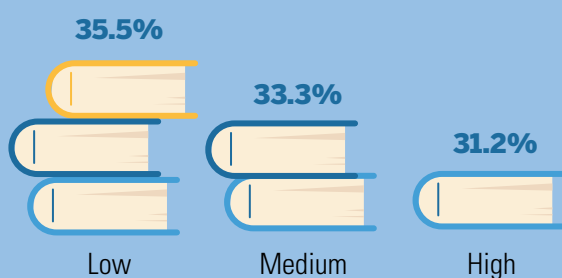
## Total employment - Type of employment



## Total employment - Type of contract



## Total employment - Level of education\*



\* The statistics on level of education collated from Eurostat refer to ISCED level:

	ISCED 2011 (data from 2014 onwards)
Low education	Levels 0-2
Medium education	Levels 3-4
High education	Levels 5-8

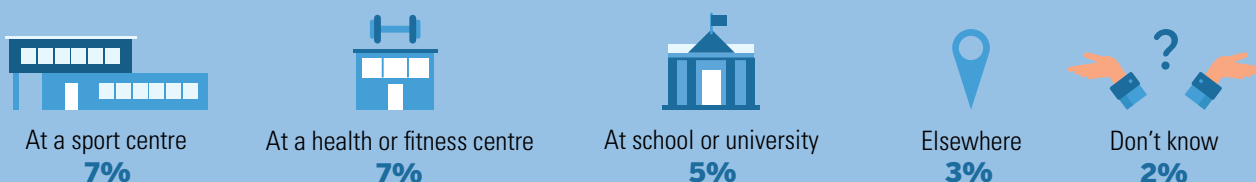
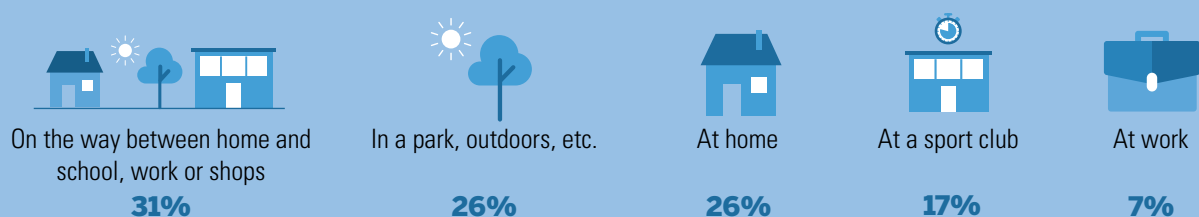


Source: Special Eurobarometer 472 on Sport and physical activity (Publication March 2018) - n=508

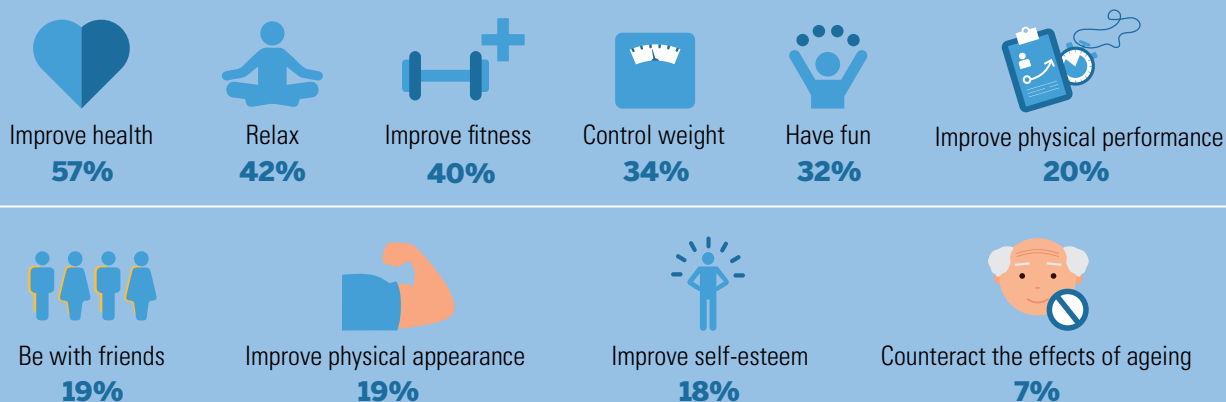
### Level of practice of sport or physical activity



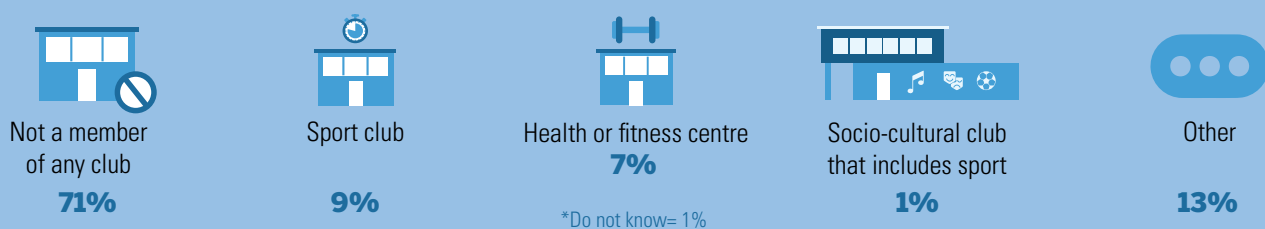
### Place of practice of those engaged in sport and physical activity



### Reasons for engaging in sport or physical activity

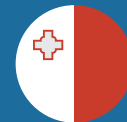


### Membership of clubs where people participate in sport or recreational physical activity



### Level of engagement in voluntary work that supports sport and physical activity





This section presents analysis from the official statistics collated at both national and European level through National Statistics Offices (NSO) and Eurostat. For the purpose of the fact sheet, data are provided for two different years to underline tendencies. These years can be different depending on the topic as we have not always been able to collate the same level of information/statistics for each year.

The collection of data has been a challenge and this analysis presents the best information available about the national sport labour market from the official statistics but is not necessarily the exact reality. Further discussion on the statistics can be found in the European report of the project.

**Scope:** the widest sport and physical activity sector defined by the Council of Europe (2001) as “all forms of physical activity which, through casual or organised participation, aim at expressing or improving physical fitness and mental well-being, forming social relationships or obtaining results in competition at all levels”. In this fact sheet we are using the term “sport sector” having the meaning of the broad sector of “sport and physical activity”.

### 3.1 SIZE AND CHARACTERISTICS OF THE NATIONAL SPORT LABOUR MARKET

#### Sources: Eurostat and National Statistics Offices

To summarise our statistical definition for the sport labour market, the work carried out in collaboration with National Statistics Offices (NSO) and Eurostat was to collate available statistics on the number of:

- Persons having a sport-specific occupation (ISCO 342\*) in an organisation whose main business is the provision of sport (NACE 93.1\*\*), e.g. professional athletes, coaches, instructors in a sport club
- Persons having a non-sport specific occupation (Other ISCO codes) in an organisation whose main business is the provision of sport (NACE 93.1), e.g. managers, receptionists in a sport federation
- Persons having a sport-specific occupation (ISCO 342) in an organisation whose main business is not the provision of sport (Other NACE codes), e.g. a fitness instructor working in a hotel

\* ISCO - “The international standard classification of occupations”. ISCO divides jobs into 10 major groups of occupations and sport specific occupations are listed under ISCO3 Technicians and associate professionals and more precisely under the sub-group ISCO 342 Sport and Fitness Workers (3421 - Athletes and Sports Players; 3422 - Sports Coaches, Instructors and Officials; 3423 - Fitness and Recreation Instructors and Programme Leaders).

\*\* NACE - “Statistical classification of economic activities in the European Community”. NACE is basically a four-digit classification providing the framework for collecting and presenting a large range of reliable and comparable statistical data according to economic activity. The codes under NACE 93.1 (Sport activities) define the organisations whose main business is the provision of sport (93.11 Operation of sports facilities; 93.12 Activities of sport clubs; 93.13 Fitness facilities; 93.19 Other sports activities).

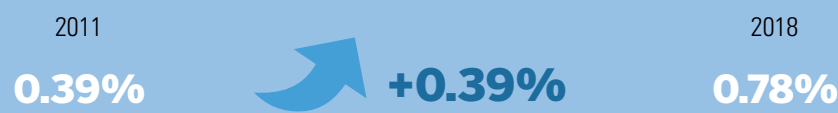
#### National sport labour market (=total sport employment)



- Top 4 countries representing 62% of the EU-28 sport labour market in 2018 (Total EU-28 sport employment = 1 765 728)



#### National sport labour market Vs National total employment



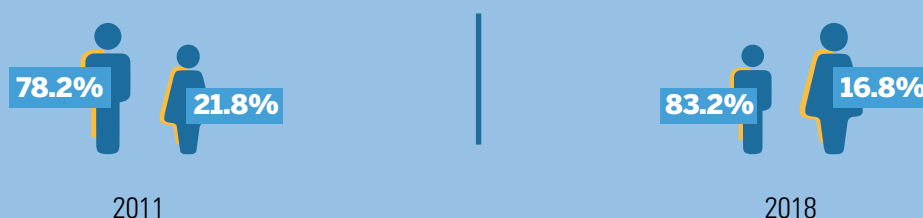
- Top 3 countries in 2018



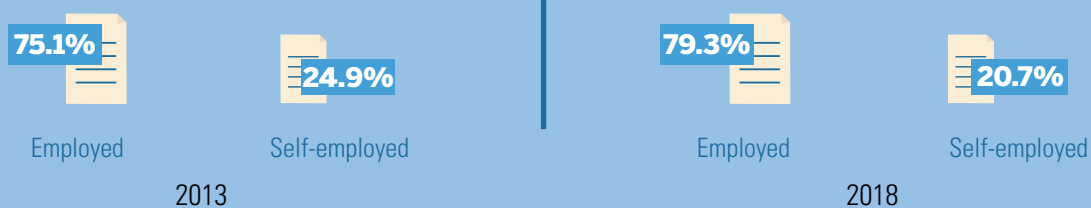
- Bottom 3 countries in 2018



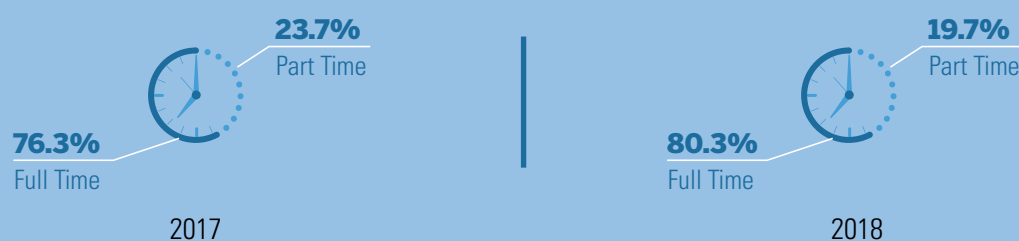
#### National sport labour market - Gender



## National sport labour market - Type of employment



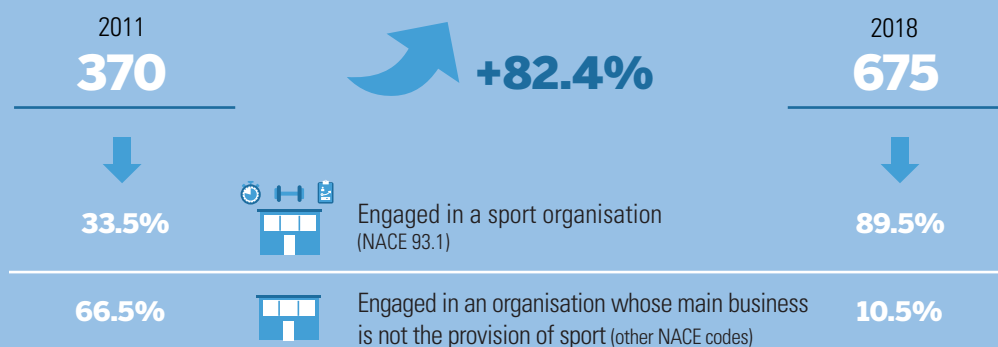
## National sport labour market - Type of contract



## 3.2 FOCUS ON SPORT SPECIFIC OCCUPATIONS (ISCO 342)

(ISCO 3421 - Athletes and Sports Players; ISCO 3422 - Sports Coaches, Instructors and Officials; ISCO 3423 - Fitness and Recreation Instructors and Programme Leaders)

## Total number of people having a sport specific occupation (ISCO 342)



### • Variance from 2014 to 2016



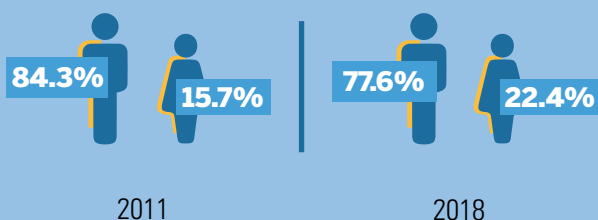
### • Proportion of sport occupation in 2016



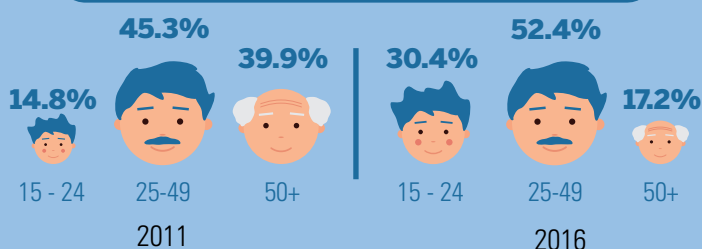
## CHARACTERISTICS OF PEOPLE HAVING A SPORT SPECIFIC OCCUPATION - ISCO 342

(ISCO 3421 - Athletes and Sports Players; ISCO 3422 - Sports Coaches, Instructors and Officials; ISCO 3423 - Fitness and Recreation Instructors and Programme Leaders)

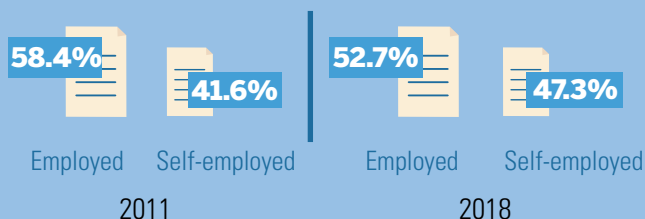
### Total sport specific occupation - Gender



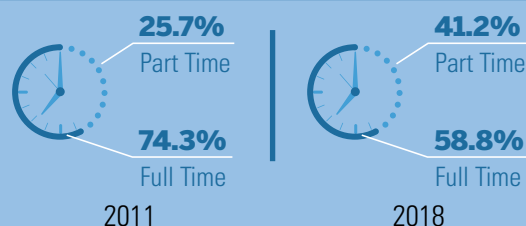
### Total sport specific occupation - Age



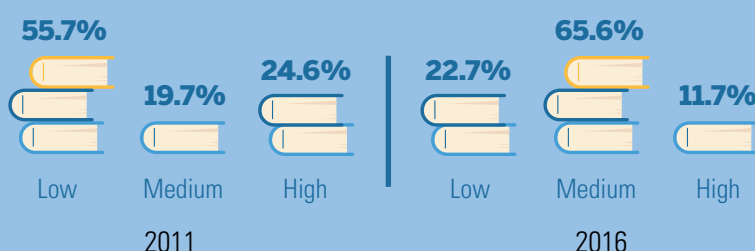
### Total sport specific occupation - Type of employment



### Total sport specific occupation - Type of contract



### Total sport specific occupation - Level of Education\*



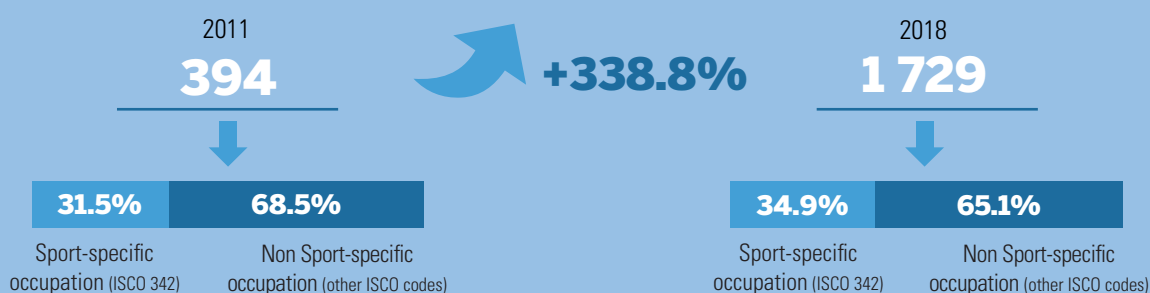
\* The statistics on level of education collated from Eurostat refer to ISCED level:

	ISCED 2011 (data from 2014 onwards)	ISCED 1997 (data up to 2013)
Low education	Levels 0-2	Levels 0-2
Medium education	Levels 3-4	Levels 3-4
High education	Levels 5-8	Levels 5-6

## 3.3 FOCUS ON SPORT ORGANISATIONS (NACE 93.1)

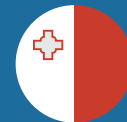
NACE 93.1 (Sport activities) includes all organisations whose main business is the provision of sport (93.11 Operation of sports facilities; 93.12 Activities of sport clubs; 93.13 Fitness facilities; 93.19 Other sports activities)

### Total number of people working in a sport organisation (NACE 93.1)



### Occupations engaged within sport organisations (NACE 93.1) - 2016

	ISCO 1 – Managers (e.g. directors, CEO)	14.9%		ISCO 6 - Skilled agricultural and fishery workers (e.g. animal producers, market gardeners)	N/A
	ISCO 2 – Professionals (Health professionals, communication professionals, journalists, lawyers)	N/A		ISCO 7 - Craft and related trades workers (e.g. building workers, painters, cleaners, bicycle repairers)	10.4%
	ISCO 3 - Technicians and associate professionals (incl. sport and fitness workers)	48%		ISCO 8 - Plant and machine operators and assemblers (e.g. car, van, bus drivers, machine operators)	N/A
	ISCO 4 - Clerical Support Workers (e.g. secretaries, receptions, bookkeepers)	13.7%		ISCO 9 - Elementary occupations (e.g. office cleaners, labourers, deliverers)	12.9%
	ISCO 5 - Service and sales workers (e.g. conductors, cooks, waiters, lifeguards, sales workers)	N/A			



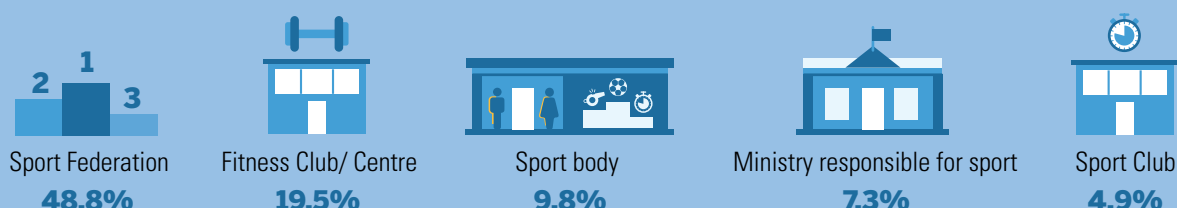
This section presents the main national results and key information from the first ever European Employer Skills Survey for the sport and physical activity sector. The goal was to consult the widest variety of employers to collate data on realities and difficulties to recruit and retain staff and volunteers and to identify the skill needs and future priorities for the sector.

The online survey was a great success with a total of **3,812 valid responses** collated from sport employers across the whole European Union and **41 responses** from your country.

**Important:** the analysis provides an elaboration of all responses collated through the survey and so should be taken into consideration carefully as it is not necessary the exact reality and the exact picture of the whole sector.

## 4.1 THE PROFILE OF RESPONDENTS TO THE SURVEY

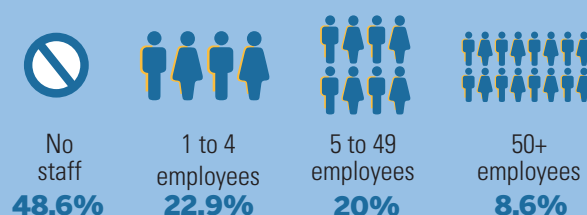
### Top 5 type of respondents - n=41



### Status of respondents - n=39



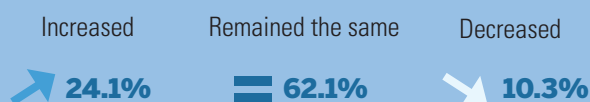
### Size of organisations - n=35



## 4.2 EMPLOYMENT AND PRIORITY SKILLS FOR DEVELOPMENT

### A positive forecast for the sector workforce

- Compared to 12 months ago, the number of employees in respondents' organisation has: n=29



\*Do not know= 3.5%

- Over the next 2 years, respondents think that the workforce of their organisation will: n=29



\*Do not know= 3.5%

### Occupations engaged in respondents' organisation - n=34

1		Sport coaches	82.4%
2		Sport officials	73.5%
3		Clerical and Office staff	67.6%
4		Middle Management staff	64.7%
5		Senior Management staff	55.9%
6		Operational staff	55.9%
7		Athletes and Players	47.1%
8		Fitness Instructors / Personal Trainers	38.2%
9		Outdoor activity leaders and animators	35.3%

## Skills and attributes

5 most important skills and attributes		5 weakest skills and attributes
<ol style="list-style-type: none"> <li>1. Sport specific knowledge and skills</li> <li>2. Motivational skills</li> <li>3. Plan coaching sessions and programmes</li> <li>4. Team working skills</li> <li>5. Demonstrate a duty of care to the athlete/ participant</li> </ol>	 <p><b>Sport coaches</b></p>	<ol style="list-style-type: none"> <li>1. Ability to work with people with disabilities</li> <li>2. Use of technology, equipment and tools</li> <li>3. Problem-solving skills</li> <li>4. Team working skills</li> <li>5. Motivational skills</li> </ol>
<ol style="list-style-type: none"> <li>1. Ensure health and safety of participants</li> <li>2. Clearly communicate instructions</li> <li>3. Motivational skills</li> <li>4. Sport/activity specific technical knowledge and skills</li> <li>5. Ability to work in compliance with codes of practice/ethics</li> </ol>	 <p><b>Outdoor activity leaders &amp; animators</b></p>	<ol style="list-style-type: none"> <li>1. Marketing and selling skills</li> <li>2. Provide appropriate feedback</li> <li>3. Ability to work in compliance with codes of practice/ethics</li> <li>4. Plan activity sessions</li> <li>5. Organise activities and events</li> </ol>
<ol style="list-style-type: none"> <li>1. Designing sessions and programmes</li> <li>2. Understand participant needs</li> <li>3. Motivational skills</li> <li>4. Team working skills</li> <li>5. Ensure health and safety of participants</li> </ol>	 <p><b>Fitness instructors/ personal trainers</b></p>	<ol style="list-style-type: none"> <li>1. Ability to work with people with disabilities</li> <li>2. Communicating effectively with participants</li> <li>3. Designing sessions and programmes</li> <li>4. Motivational skills</li> <li>5. Leadership skills</li> </ol>
<ol style="list-style-type: none"> <li>1. Apply the rules and laws of the sport</li> <li>2. Uphold integrity and fair play</li> <li>3. Ability to work in compliance with codes of practice/ethics</li> <li>4. Communicate information as an official</li> <li>5. Managing conflict</li> </ol>	 <p><b>Sport Officials</b> (e.g. referees, judges)</p>	<ol style="list-style-type: none"> <li>1. Managing conflict</li> <li>2. Customer service skills</li> <li>3. Problem-solving skills</li> <li>4. Use of technology, equipment and tools</li> <li>5. Apply the rules and laws of the sport</li> </ol>
<ol style="list-style-type: none"> <li>1. Verbal communication skills</li> <li>2. Team working</li> <li>3. Problem-solving skills</li> <li>4. Strategic thinking</li> <li>5. Technical knowledge and skills for sport operations</li> </ol>	 <p><b>Senior and middle management staff</b></p>	<ol style="list-style-type: none"> <li>1. Strategic thinking</li> <li>2. Leadership skills</li> <li>3. Motivational skills</li> <li>4. Knowledge of external policy issues facing sport</li> <li>5. Marketing and sales skills</li> </ol>
<ol style="list-style-type: none"> <li>1. Technical skills and knowledge required for their role</li> <li>2. Team working skills</li> <li>3. Ability to work in compliance with codes of practice/ethics</li> <li>4. Organisational and work planning skills</li> <li>5. Use of technology, equipment and tools</li> </ol>	 <p><b>Operational staff</b></p>	<ol style="list-style-type: none"> <li>1. Marketing and selling skills</li> <li>2. Technical skills and knowledge required for their role</li> <li>3. Problem-solving skills</li> <li>4. Organisational and work planning skills</li> <li>5. Ability to work in compliance with codes of practice/ethics</li> </ol>
<ol style="list-style-type: none"> <li>1. Customer service skills</li> <li>2. Understanding written documents and writing clearly</li> <li>3. Technical skills and knowledge required for their role</li> <li>4. Administration skills</li> <li>5. Communication skills</li> </ol>	 <p><b>Clerical and office staff / receptionists</b></p>	<ol style="list-style-type: none"> <li>1. Use of technology, equipment and tools</li> <li>2. Organisational and planning skills</li> <li>3. Administration skills</li> <li>4. Communication skills</li> <li>5. Customer service skills</li> </ol>

## 4.3 RECRUITMENT REALITIES AND CHALLENGES

### Recruitment of a paid employee in the past 12 months - n=25

\*Do not know= 8%

40%  
YES



52%  
NO



33.3%  
YES

8.3%  
NO

58.4%  
DO NOT KNOW



### Difficulties to fill vacancies - n=24

### Top 3 difficulties when recruiting - n=14

50%  
Low number of applicants generally

42.9%  
Low number of applicants with the required skills

35.7%  
Low number of applicants with required motivation and attitude

### Top 3 hardest roles to fill - n=8

62.5%  
Sport Coaches

37.5%  
Fitness Instructors / Personal Trainers

25%  
Athletes and Players

## 4.4 RETENTION REALITIES AND CHALLENGES

### Difficulties retaining staff - n=24



**16.7%**  
Yes



**41.7%**  
No



**41.6%**  
Do not know

#### • Hardest roles to retain (top 3) - n=4



**50%**  
Sport Coaches



**25%**  
Clerical and office staff



**25%**  
Middle Management staff

#### • Top 4 difficulties expressed for retaining staff - n=4



Lack of commitment  
to the job



Better pay by other  
organisations



Better pay offered in  
other job roles



Unattractive conditions of  
employment

## 4.5 ENGAGEMENT OF VOLUNTEERS

### Engagement of volunteers in a typical year - n=33

**75.8%**

Organisations engaging volunteers



\* Do not know= 3%

**21.2%**

Organisations not engaging volunteers

### Expectations of volunteers and paid staff

Do organisations have same expectations of volunteers and paid staff in the following roles?

#### • Sport officials

n=8

**87.5% Yes**

**12.5% No**

#### • Outdoor activity leaders and animators

n=5

**100% Yes**

#### • Sports Coaches

n=17

**82.4% Yes**

**17.6% No**

#### • Clerical and office staff / receptionists

n=7

**71.4% Yes**

**28.6% No**

#### • Operational staff

n=5

**80% Yes**

**20% No**

#### • Senior and middle management staff

n=9

**62.5% Yes**

**37.5% No**

### Problems in engaging volunteers and for which occupations

#### • Any particular problem engaging volunteers

n=24

**25%**

No

**50%**

Yes

**25%**

Do not know

#### • Top 3 occupations where there are problems engaging volunteers

n=12

**75%**



Sport Officials

**50%**



Clerical & office staff

**50%**



Management:  
board members



- Expectations and priorities from national governments on sport organisations are increasing



81.8%



0%

- Sport organisations have become more professional in recent years



81.8%



18.2%

- The sector is changing and evolving, as a result the skills needed by those working in the sector will change too



86.4%



4.6%

- In the future there will be a demand for a better qualified workforce operating in sport organisations



81.8%



4.6%

- It is difficult to find and recruit people with the right skills to work as paid staff



50%



27.3%

- It is difficult to find and recruit people with the right skills to work as volunteers



59.1%



27.3%

- It is important that staff have access to ongoing training to keep their skills up to date



95.5%



0%

- New training courses are required to meet the training needs of sport organisations



72.7%



22.7%

- Universities/ training providers should work more closely with sport organisations



95.5%



0%

- It is difficult to progress from a technical role (e.g. as a coach or instructor) to a management position



45.5%



45.5%

- The workforce of paid staff and volunteers in the sport and physical activity sector needs to be inclusive (reflecting gender, disability and minorities in society)



86.4%



9.1%

- Staff would benefit from learning experiences in other countries



72.7%



13.6%

The missing percentages stand for the answer "I do not know" present in the initial survey.  
Respondents indicate their agreement/disagreement with the above statements.

## THE PROJECT

The aim of the ESSA-Sport project, funded by the European Commission under the Erasmus+ programme, was to establish a European Sector Skills Alliance covering the full breadth of the sport and physical activity sector across the EU.

The 3-year project, which concluded in October 2019, aimed to create a debate within the sector on the key issues of skills and workforce development which are central to helping the sector grow, to equip those working or volunteering with the right skills and to enable the sector to fulfil its potential as a social, health and economic driver.

The overall ambition was to create an evidential basis for change and improvement, to create a major consultation on skills and to build a lasting consultation network at national and EU level to take forward the conclusions and recommendations made in national and EU Reports.

The consortium, composed of 20 national coordinators and 5 European networks, is proud to have generated new knowledge and statistics included within this National Fact Sheet.

Further information on the identified skill needs and future priorities for the sector can be found in the detailed European Report as well as National Reports.



[www.essa-sport.eu](http://www.essa-sport.eu)  
[www.eose.org](http://www.eose.org)



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## PARTNERSHIP



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