





YEAR 2019



1

THE OVERALL NATIONAL LABOUR MARKET IN 2018



Source: Eurostat (2018)

Population and Employment

TOTAL POPULATION 60 483 973

TOTAL EMPLOYMENT*
22 586 000

58.5% of the population aged 15-64

TOTAL UNEMPLOYMENT* 2 755 000

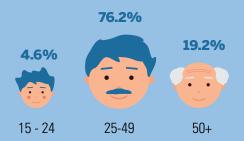
10.6% of the active population

*persons aged between 15 to 64 years old

Total employment - Gender



Total employment - Age



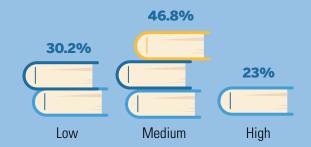
Total employment - Type of employment



Total employment - Type of contract



Total employment - Level of education*



* The statistics on level of education collated from Eurostat refer to ISCED level:

	ISCED 2011 (data from 2014 onwards)
Low education	Levels 0-2
Medium education	Levels 3-4
High education	Levels 5-8

PRACTICE OF SPORT AND PHYSICAL ACTIVITY



Source: Special Eurobarometer 472 on Sport and physical activity (Publication March 2018) - n=1029

Level of practice of sport or physical activity



Regularly (at least 5 times a week) 1%



With some regularity (1 to 4 times a week) 27%



Seldom (3 times a month or less) 10%



62%

Place of practice of those engaged in sport and physical activity



In a park, outdoors, etc.



At a sport centre



On the way between home and school, work or shops



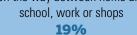
At home



At a health or fitness centre

35%

27%



16%

15%





Elsewhere 6%



At work 4%



At school or university 3%



Don't know 1%

Reasons for engaging in sport or physical activity



Improve health 43%



Improve fitness 42%



Relax 36%



Improve physical appearance 33%



Control weight 23%



Be with friends 19%



Have fun 19%



Improve physical performance 19%



Counteract the effects of ageing 15%



Improve self-esteem 6%

Membership of clubs where people participate in sport or recreational physical activity



72%



Health or fitness centre 7%



Sport club 5%

*Do not know= 1%



Socio-cultural club that includes sport 2%



Other

13%

Level of engagement in voluntary work that supports sport and physical activity





3.

THE SPORT AND PHYSICAL ACTIVITY SECTOR AND ITS LABOUR MARKET



This section presents analysis from the official statistics collated at both national and European level through National Statistics Offices (NSO) and Eurostat. For the purpose of the fact sheet, data are provided for two different years to underline tendencies. These years can be different depending on the topic as we have not always been able to collate the same level of information/statistics for each year.

The collection of data has been a challenge and this analysis presents the best information available about the national sport labour market from the official statistics but is not necessarily the exact reality. Further discussion on the statistics can be found in the European report of the project.

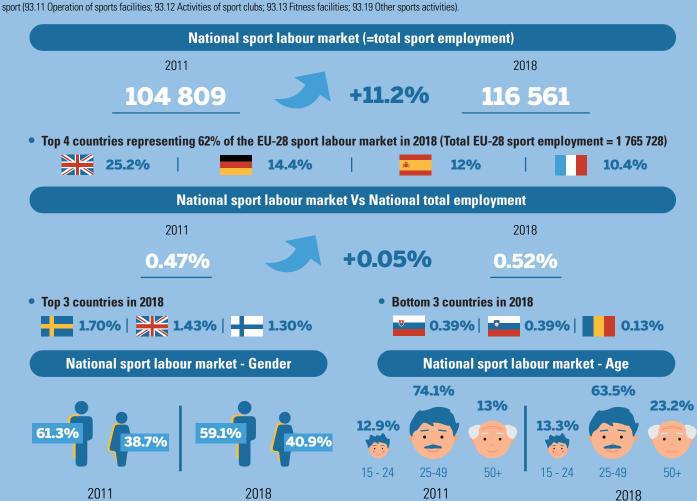
Scope: the widest sport and physical activity sector defined by the Council of Europe (2001) as "all forms of physical activity which, through casual or organised participation, aim at expressing or improving physical fitness and mental well-being, forming social relationships or obtaining results in competition at all levels". In this fact sheet we are using the term "sport sector" having the meaning of the broad sector of "sport and physical activity".

3.1 SIZE AND CHARACTERISTICS OF THE NATIONAL SPORT LABOUR MARKET

Sources: Eurostat and National Statistics Offices

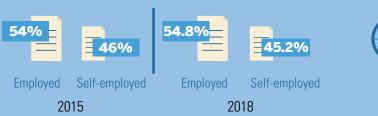
To summarise our statistical definition for the sport labour market, the work carried out in collaboration with National Statistics Offices (NSO) and Eurostat was to collate available statistics on the number of:

- Persons having a sport-specific occupation (ISCO 342*) in an organisation whose main business is the provision of sport (NACE 93.1**), e.g. professional athletes, coaches, instructors in a sport club
- Persons having a non-sport specific occupation (Other ISCO codes) in an organisation whose main business is the provision of sport (NACE 93.1), e.g.
 managers, receptionists in a sport federation
- Persons having a sport-specific occupation (ISCO 342) in an organisation whose main business is not the provision of sport (Other NACE codes), e.g.
 a fitness instructor working in a hotel
- * ISCO "The international standard classification of occupations". ISCO divides jobs into 10 major groups of occupations and sport specific occupations are listed under ISCO3 Technicians and associate professionals and more precisely under the sub-group ISCO 342 Sport and Fitness Workers (3421 Athletes and Sports Players; 3422 Sports Coaches, Instructors and Officials; 3423 Fitness and Recreation Instructors and Programme Leaders).
- ** NACE "Statistical classification of economic activities in the European Community". NACE is basically a four-digit classification providing the framework for collecting and presenting a large range of reliable and comparable statistical data according to economic activity. The codes under NACE 93.1 (Sport activities) define the organisations whose main business is the provision of sport (93.11 Operation of sports facilities: 93.12 Activities of sport clubs: 93.13 Fitness facilities: 93.10 (they sport activities)



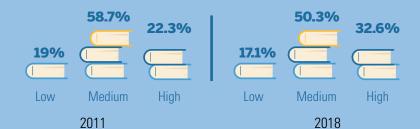
National sport labour market - Type of employment

National sport labour market - Type of contract





National sport labour market - Level of education*



* The statistics on level of education collated from Eurostat refer to ISCED level:

	ISCED 2011 (data from 2014 onwards)	ISCED 1997 (data up to 2013)
Low education	Levels 0-2	Levels 0-2
Medium education	Levels 3-4	Levels 3-4
High education	Levels 5-8	Levels 5-6

3.2 FOCUS ON SPORT SPECIFIC OCCUPATIONS (ISCO 342)

(ISCO 3421 - Athletes and Sports Players; ISCO 3422 - Sports Coaches, Instructors and Officials; ISCO 3423 - Fitness and Recreation Instructors and Programme Leaders)

Total number of people having a sport specific occupation (ISCO 342)



Top 3 of the other NACE codes where sport specific occupations are engaged in 2016

6 T 0/	54.3%	
6.7%		6%
NACE 93.2: Amusement and recreation activities	NACE 85.5: Other education including sports and recreation education	NACE 94.9: Activities of other membership organisations

Variance from 2017 to 2018

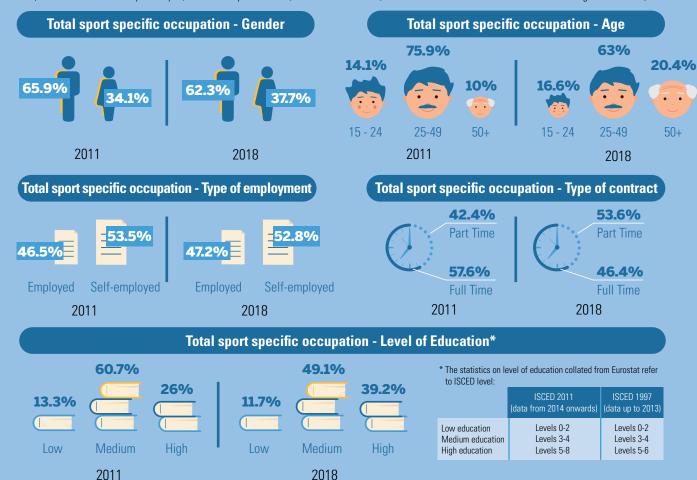
11	Athletes and Sports Players ISCO 3421	-35.9%
B	Sports Coaches, Instructors and Officials ISCO 3422	-11.6%
\vdash	Fitness and Recreation Instructors & Programme Leaders - ISCO 3423	-6.1%

Proportion of sport occupation in 2018

11	Athletes and Sports Players ISCO 3421	4.5%
	Sports Coaches, Instructors and Officials ISCO 3422	78.1%
\mapsto	Fitness and Recreation Instructors and Programme Leaders - ISCO 3423	17.4%

CHARACTERISTICS OF PEOPLE HAVING A SPORT SPECIFIC OCCUPATION - ISCO 342

(ISCO 3421 - Athletes and Sports Players; ISCO 3422 - Sports Coaches, Instructors and Officials; ISCO 3423 - Fitness and Recreation Instructors and Programme Leaders)



3.3 FOCUS ON SPORT ORGANISATIONS (NACE 93.1)

cooks, waiters, lifeguards, sales workers)

NACE 93.1 (Sport activities) includes all organisations whose main business is the provision of sport (93.11 Operation of sports facilities; 93.12 Activities of sport clubs; 93.13 Fitness facilities; 93.19 Other sports activities)

Total number of people working in a sport organisation (NACE 93.1)



Occupations engaged within sport organisations (NACE 93.1) - 2016

	ISCO 1 – Managers (e.g. directors, CEO)	5.4%	×	ISCO 6 - Skilled agricultural and fishery workers (e.g. animal producers, market gardeners)	2.3%
圓	ISCO 2 — Professionals (Health professionals, communication professionals, journalists, lawyers)	4.2%	Î	ISCO 7 - Craft and related trades workers (e.g. building workers, painters, cleaners, bicycle repairers)	N/A
	ISCO 3 - Technicians and associate professionals (incl. sport and fitness workers)	57.1%	'	ISCO 8 - Plant and machine operators and assemblers (e.g. car, van, bus drivers, machine operators)	N/A
	ISCO 4 - Clerical Support Workers (e.g. secretaries, receptions, bookkeepers)	12.8%	1	ISCO 9 - Elementary occupations (e.g. office cleaners, labourers, deliverers)	10%
0	ISCO 5 - Service and sales workers (e.g. conductors,	0.00/			

SKILLS NEEDS AND TENDENCIES FOR THE SPORT AND PHYSICAL ACTIVITY SECTOR

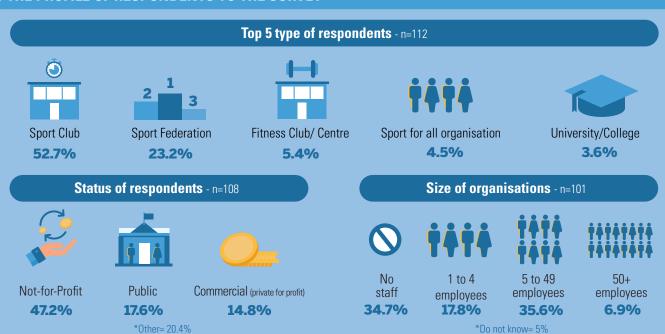


This section presents the main national results and key information from the first ever European Employer Skills Survey for the sport and physical activity sector. The goal was to consult the widest variety of employers to collate data on realities and difficulties to recruit and retain staff and volunteers and to identify the skill needs and future priorities for the sector.

The online survey was a great success with a total of **3,812 valid responses** collated from sport employers across the whole European Union and **113 responses** from your country.

Important: the analysis provides an elaboration of all responses collated through the survey and so should be taken into consideration carefully as it is not necessary the exact reality and the exact picture of the whole sector.

4.1 THE PROFILE OF RESPONDENTS TO THE SURVEY



4.2 EMPLOYMENT AND PRIORITY SKILLS FOR DEVELOPMENT

A positive forecast for the sector workforce

Compared to 12 months ago, the number of employees in respondents' organisation has: n=99

Increased 25.3%

= 60.6%

Remained the same

5%

Decreased

*Do not know= 9.1%

- Over the next 2 years, respondents think that the workforce of their organisation will: n=98

Remain the same

35.7% **38.8%**

5.1%

Decrease

*Do not know= 20.4%

Increase

	Occupations engaged in respondents' organisation - n=97				
1	Sport coaches	84.5%	6		Senior Mar
2	Clerical and Office staff	68%	7		Operational
3	Athletes and Players	61.9%	8	\vdash	Fitness Inst Personal Tr
4	Middle Management staff	57.7%	9	*	Outdoor act
5	Sport officials	54.6%			

6		Senior Management staff	52.6%
7		Operational staff	51.5%
8	\mapsto	Fitness Instructors / Personal Trainers	44.3%
9	*	Outdoor activity leaders and animators	41.2%

Skills and attributes 5 most important skills and attributes 5 weakest skills and attributes 1. Ensure health and safety of participants 1. Ability to work with people with disabilities 2. Sport specific knowledge and skills 2. Information/Communication Technology (ICT) skills 3. Motivational skills Organise activities and events 4. Ability to work in compliance with codes of practice/ethics Problem-solving skills Plan coaching sessions and programmes 5. Motivational skills **Sport coaches** 1. Provide appropriate feedback Ability to work with children 2. Ensure health and safety of participants 2. Information/Communication Technology (ICT) skills 3. Ability to work in compliance with codes of practice/ethics 3. Ability to work with people with disabilities 4. Ability to work with children 4. Problem-solving skills **Outdoor activity** 5. Clearly communicate instructions 5. Organise activities and events **leaders & animators** 1. Designing sessions and programmes 1. Understand participant needs 2. Ensure health and safety of participants 2. Exercise science knowledge (anatomy / physiology) Motivational skills 3. Marketing and selling skills 3. **Fitness instructors/** Communicating effectively with participants 4. Use of technology, equipment and tools personal trainers Understand participant needs 5. Motivational skills Apply the rules and laws of the sport 1. Use of technology, equipment and tools 2. Uphold integrity and fair play 2. Apply the rules and laws of the sport 3. Managing conflict 3. Managing conflict 4. Decision-making skills 4. Communicate information as an official **Sport Officials** 5. Problem-solving skills 5. Problem-solving skills (e.g. referees, judges) Problem-solving skills 1. Leading change Organisational and planning skills 2. Strategic thinking Verbal communication skills 3. Facilitating innovation 3. 4. Information/Communication Technology (ICT) skills 4. Team working Senior and middle Ability to work in compliance with codes of practice/ethics 5. Knowledge of external policy issues facing sport management staff Technical skills and knowledge required for their role 1. Use of technology, equipment and tools Ability to maintain health, safety and security standards 2. Problem-solving skills 3. Team working skills 3. Team working skills 4. Ability to work in compliance with codes of practice/ethics 4. Communication skills 5. Problem-solving skills **Operational staff** 5. Organisational and work planning skills 1. Communication skills 1. Communication skills 2. Understanding written documents and writing clearly 2. Information/Communication Technology (ICT) skills 3. Problem-solving skills Technical skills and knowledge required for their role 3. **Clerical and office** 4. Administration skills 4. Organisational and planning skills staff / receptionists 5. Administration skills 5. Use of technology, equipment and tools

4.3 RECRUITMENT REALITIES AND CHALLENGES



4.4 RETENTION REALITIES AND CHALLENGES

Difficulties retaining staff - n=83







• Hardest roles to retain (top 3) - n=10





50% Senior management staff



50% Middle management staff

• Top 5 difficulties expressed for retaining staff - n=9











Lack of career progression/pathways Better pay by other organisations

Lack of job satisfaction

Lack of financial stability for the organisation Unattractive conditions of employment

4.5 ENGAGEMENT OF VOLUNTEERS

Engagement of volunteers in a typical year - n=100

66%

Organisations engaging volunteers



19%

Organisations not engaging volunteers

Expectations of volunteers and paid staff

Do organisations have same expectations of volunteers and paid staff in the following roles?

Sport officials

79.4% Yes 20.6% No Outdoor activity leaders and animators
 Sports Coaches

70.3% 29.7% No 66.2% Yes 33.8% No

Clerical and office staff / receptionists n=41

 Operational staff n=34

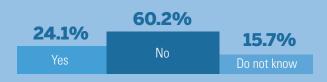
Senior and middle management staff

53.7% Yes 46.3% No 58.8% Yes 41.2% No 52.7% Yes 47.3% No

Problems in engaging volunteers and for which occupations

Any particular problem engaging volunteers

Top 3 occupations where there are problems engaging volunteers









KEY ISSUES AND CHALLENGES FOR THE SPORT AND PHYSICAL ACTIVITY SECTOR - n=82



• Expectations and priorities from national governments on sport organisations are increasing



48.8%



 Sport organisations have become more professional in recent years



81.7%

• The sector is changing and evolving, as a result the skills sector will change too



76.8%



13.4%

• In the future there will be a demand for a better qualified workforce operating in sport organisations



79.3%



6.1%

 It is difficult to find and recruit people with the right skills to work as paid staff



36.6%



14.6%

36.6%

 It is difficult to find and recruit people with the right skills to work as volunteers



58.5%



28.1%

• It is important that staff have access to ongoing training to keep their skills up to date



93.9%



3.7%

 New training courses are required to meet the training needs of sport organisations



87.8%



7.3%

 Universities/ training providers should work more closely with sport organisations



87.8%



6.1%

• It is difficult to progress from a **technical role** (e.g. as a coach or instructor) to a management position



59.8%



 The workforce of paid staff and volunteers in the sport and physical activity sector needs to be inclusive



86.6%



2.4%

 Staff would benefit from learning experiences in other countries



64.6%



The missing percentages stand for the answer "I do not know" present in the initial survey. Respondents indicate their agreement/disagreement with the above statements.



THE PROJECT

The aim of the ESSA-Sport project, funded by the European Commission under the Erasmus+ programme, was to establish a European Sector Skills Alliance covering the full breadth of the sport and physical activity sector across the EU.

The 3-year project, which concluded in October 2019, aimed to create a debate within the sector on the key issues of skills and workforce development which are central to helping the sector grow, to equip those working or volunteering with the right skills and to enable the sector to fulfil its potential as a social, health and economic driver.

The overall ambition was to create an evidential basis for change and improvement, to create a major consultation on skills and to build a lasting consultation network at national and EU level to take forward the conclusions and recommendations made in national and EU Reports.

The consortium, composed of 20 national coordinators and 5 European networks, is proud to have generated new knowledge and statistics included within this National Fact Sheet.

Further information on the identified skill needs and future priorities for the sector can be found in the detailed European Report as well as National Reports.



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PARTNERSHIP



















































