





YEAR 2019



THE OVERALL NATIONAL LABOUR MARKET IN 2018



Source: Eurostat (2018)

Population and Employment

TOTAL POPULATION 5 781 190

TOTAL EMPLOYMENT* 2 785 000

75.4% of the population aged 15-64

TOTAL UNEMPLOYMENT* 153 000

5.1% of the active population

*persons aged between 15 to 64 years old

Total employment - Gender



Total employment - Age



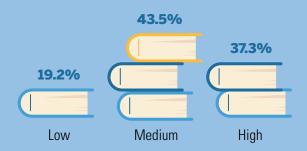
Total employment - Type of employment



Total employment - Type of contract



Total employment - Level of education*



* The statistics on level of education collated from Eurostat refer to ISCED level:

| | ISCED 2011 (data from 2014 onwards) |
|------------------|--|
| Low education | Levels 0-2 |
| Medium education | Levels 3-4 |
| High education | Levels 5-8 |

PRACTICE OF SPORT AND PHYSICAL ACTIVITY



Source: Special Eurobarometer 472 on Sport and physical activity (Publication March 2018) - n=1011

Level of practice of sport or physical activity



Regularly (at least 5 times a week)



With some regularity
(1 to 4 times a week)

51%



Seldom (3 times a month or less)



20%

Place of practice of those engaged in sport and physical activity



In a park, outdoors, etc.



At home



At a health or fitness centre



On the way between home and school, work or shops



At a sport club

44%

27%

26%



18%



At work 18%



At a sport centre



At school or university **6%**



Elsewhere 5%



Don't know

Reasons for engaging in sport or physical activity



Improve health **74%**



Improve fitness 58%



Have fun 38%



Control weight 36%



Improve physical performance **30%**



Relax 29%



Be with friends



Improve self-esteem 28%



Counteract the effects of ageing 24%



Improve physical appearance

Membership of clubs where people participate in sport or recreational physical activity





Health or fitness centre



Sport club
23%
*Do not know= 1%



Socio-cultural club that includes sport 8%



Other

6%

Level of engagement in voluntary work that supports sport and physical activity





3.

THE SPORT AND PHYSICAL ACTIVITY SECTOR AND ITS LABOUR MARKET



This section presents analysis from the official statistics collated at both national and European level through National Statistics Offices (NSO) and Eurostat. For the purpose of the fact sheet, data are provided for two different years to underline tendencies. These years can be different depending on the topic as we have not always been able to collate the same level of information/statistics for each year.

The collection of data has been a challenge and this analysis presents the best information available about the national sport labour market from the official statistics but is not necessarily the exact reality. Further discussion on the statistics can be found in the European report of the project.

Scope: the widest sport and physical activity sector defined by the Council of Europe (2001) as "all forms of physical activity which, through casual or organised participation, aim at expressing or improving physical fitness and mental well-being, forming social relationships or obtaining results in competition at all levels". In this fact sheet we are using the term "sport sector" having the meaning of the broad sector of "sport and physical activity".

3.1 SIZE AND CHARACTERISTICS OF THE NATIONAL SPORT LABOUR MARKET

Sources: Eurostat and National Statistics Offices

To summarise our statistical definition for the sport labour market, the work carried out in collaboration with National Statistics Offices (NSO) and Eurostat was to collate available statistics on the number of:

- Persons having a sport-specific occupation (ISCO 342*) in an organisation whose main business is the provision of sport (NACE 93.1**), e.g. professional athletes, coaches, instructors in a sport club
- Persons having a non-sport specific occupation (Other ISCO codes) in an organisation whose main business is the provision of sport (NACE 93.1), e.g.
 managers, receptionists in a sport federation
- Persons having a sport-specific occupation (ISCO 342) in an organisation whose main business is not the provision of sport (Other NACE codes), e.g.
 a fitness instructor working in a hotel
- * ISCO "The international standard classification of occupations". ISCO divides jobs into 10 major groups of occupations and sport specific occupations are listed under ISCO3 Technicians and associate professionals and more precisely under the sub-group ISCO 342 Sport and Fitness Workers (3421 Athletes and Sports Players; 3422 Sports Coaches, Instructors and Officials; 3423 Fitness and Recreation Instructors and Programme Leaders).
- ** NACE "Statistical classification of economic activities in the European Community". NACE is basically a four-digit classification providing the framework for collecting and presenting a large range of reliable and comparable statistical data according to economic activity. The codes under NACE 93.1 (Sport activities) define the organisations whose main business is the provision of sport (93.11 Operation of sports facilities; 93.12 Activities of sport clubs; 93.13 Fitness facilities; 93.19 Other sports activities).



3.2 FOCUS ON SPORT SPECIFIC OCCUPATIONS (ISCO 342)

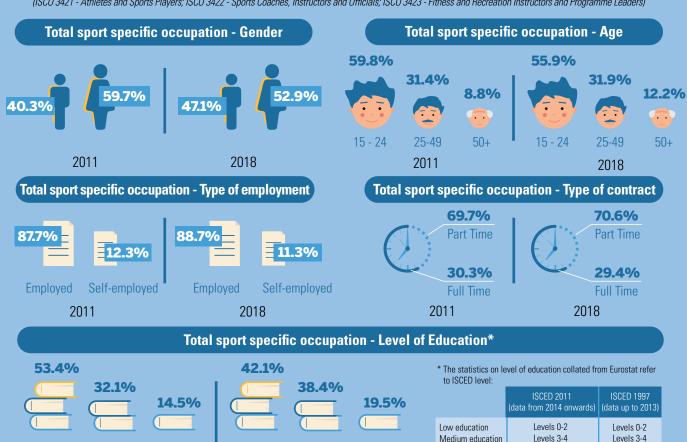
(ISCO 3421 - Athletes and Sports Players; ISCO 3422 - Sports Coaches, Instructors and Officials; ISCO 3423 - Fitness and Recreation Instructors and Programme Leaders)





CHARACTERISTICS OF PEOPLE HAVING A SPORT SPECIFIC OCCUPATION - ISCO 342

(ISCO 3421 - Athletes and Sports Players; ISCO 3422 - Sports Coaches, Instructors and Officials; ISCO 3423 - Fitness and Recreation Instructors and Programme Leaders)



3.3 FOCUS ON SPORT ORGANISATIONS (NACE 93.1)

High

Medium

2011

Low

NACE 93.1 (Sport activities) includes all organisations whose main business is the provision of sport (93.11 Operation of sports facilities; 93.12 Activities of sport clubs; 93.13 Fitness facilities; 93.19 Other sports activities)

High

High education

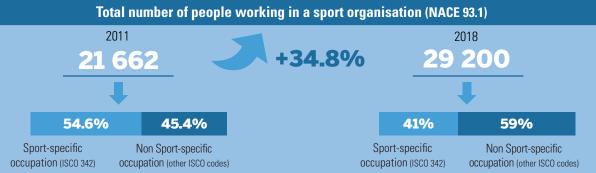
Levels 5-8

Levels 5-6

Medium

2018

Low



SKILLS NEEDS AND TENDENCIES FOR THE SPORT AND PHYSICAL ACTIVITY SECTOR



This section presents the main national results and key information from the first ever European Employer Skills Survey for the sport and physical activity sector. The goal was to consult the widest variety of employers to collate data on realities and difficulties to recruit and retain staff and volunteers and to identify the skill needs and future priorities for the sector.

The online survey was a great success with a total of **3,812 valid responses** collated from sport employers across the whole European Union and 348 responses from your country.

Important: the analysis provides an elaboration of all responses collated through the survey and so should be taken into consideration carefully as it is not necessary the exact reality and the exact picture of the whole sector.

4.1 THE PROFILE OF RESPONDENTS TO THE SURVEY





Sports facility operator

Municipality/Local Authority

Fitness Club/ Centre

35.3%

18.5%

12.7%

9%

Sport Federation 8.7%

Status of respondents - n=345



Not-for-Profit 49.9%



Public 22.9%

*Other= 10.4%

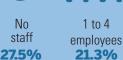


Commercial (private for profit) 16.8%

Size of organisations - n=334

*Do not know= 0.6%







employees 39.2%



50+ employees 11.4%

4.2 EMPLOYMENT AND PRIORITY SKILLS FOR DEVELOPMENT

A positive forecast for the sector workforce

Compared to 12 months ago, the number of employees in respondents' organisation has: n=325

Increased

Remained the same

*Do not know= 4.6%

Decreased

19.4%

= 68%

8%

Over the next 2 years, respondents think that the workforce of their organisation will: n=327

Increase

Remain the same

Decrease

27.2%

60.3%

7%

*Do not know= 5.5%

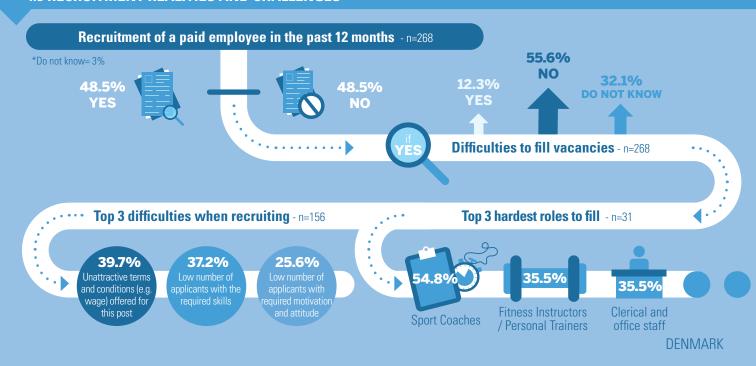
Occupations engaged in respondents' organisation - n=328

| 1 | <u> </u> | Clerical and Office staff | 75.6% |
|---|----------|---------------------------|-------|
| 2 | | Senior Management staff | 68.3% |
| 3 | | Sport coaches | 60.4% |
| 4 | | Operational staff | 56.1% |
| 5 | - | Middle Management staff | 52.7% |

| 6 | ** | Outdoor activity leaders and animators | 42.7% |
|---|-----------|--|-------|
| 7 | \mapsto | Fitness Instructors / Personal Trainers | 41.5% |
| 8 | | Sport officials | 40.5% |
| 9 | 11 | Athletes and Players | 31.1% |

Skills and attributes 5 most important skills and attributes 5 weakest skills and attributes 1. Team working skills 1. Evaluate performance and provide feedback 2. Motivational skills 2. Clearly communicate instructions 3. Plan coaching sessions and programmes Sport specific knowledge and skills 4. Clearly communicate instructions Plan coaching sessions and programmes Sport specific knowledge and skills 5. Leadership skills **Sport coaches** 1. Ability to work with children Sport/activity specific technical knowledge and skills 2. Plan activity sessions Team working skills 3. Clearly communicate instructions 3. Organise activities and events 4. Motivational skills 4. Ability to work with people with disabilities **Outdoor activity** 5. Provide appropriate feedback 5. Clearly communicate instructions **leaders & animators** 1. Communicating effectively with participants 1. Marketing and selling skills 2. Motivational skills 2. Understand participant needs Ensure health and safety of participants 3. Exercise science knowledge (anatomy / physiology) **Fitness instructors/** Understand participant needs 4. Communicating effectively with participants personal trainers Team working skills 5. Ability to work with people with disabilities 1. Apply the rules and laws of the sport 1. Communicate information as an official 2. Uphold integrity and fair play 2. Apply the rules and laws of the sport 3. Communicate information as an official 3. Managing conflict 4. Ability to work in compliance with codes of practice/ethics 4. Team working skills **Sport Officials** 5. Team working skills 5. Ensure health and safety of participants (e.g. referees, judges) Ability to work in compliance with codes of practice/ethics 1. Business development skills Facilitating innovation Team working Problem-solving skills 3. Leading change 3. 4. Leadership skills 4. Negotiation skills Senior and middle Verbal communication skills 5. Strategic thinking management staff Technical skills and knowledge required for their role 1. Communication skills Team working skills 2. Use of technology, equipment and tools 3. Ability to work in compliance with codes of practice/ethics 3. Team working skills 4. Customer Service Skills 4. Technical skills and knowledge required for their role 5. Communication skills **Operational staff** 5. Ability to work in compliance with codes of practice/ethics 1. Administration skills 1. Organisational and planning skills 2. Use of technology, equipment and tools 2. Team working skills 3. Understanding written documents and writing clearly 3. Communication skills **Clerical and office** 4. Information/Communication Technology (ICT) skills 4. Communication skills staff / receptionists 5. Technical skills and knowledge required for their role 5. Technical skills and knowledge required for their role

4.3 RECRUITMENT REALITIES AND CHALLENGES



4.4 RETENTION REALITIES AND CHALLENGES

Difficulties retaining staff - n=267







• Hardest roles to retain (top 3) - n=20



Fitness instructors & personal trainers





• Top 5 difficulties expressed for retaining staff - n=21











4.5 ENGAGEMENT OF VOLUNTEERS

Engagement of volunteers in a typical year - n=331

82.8%

Organisations engaging volunteers



16.6%

Organisations not engaging volunteers

Expectations of volunteers and paid staff

Do organisations have same expectations of volunteers and paid staff in the following roles?

Sport officials

Outdoor activity leaders and animators
 Sports Coaches

77.1% Yes 22.9% No 71.4% Yes 28.6% No

51.1% No

58.8% Yes 41.2% No

Clerical and office staff / receptionists n=140

47.9% Yes 52.1% No Operational staff

48.9% Yes

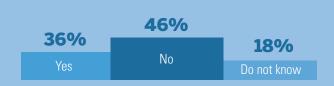
Senior and middle management staff

41.7% Yes 58.3% No

Problems in engaging volunteers and for which occupations

Any particular problem engaging volunteers

Top 3 occupations where there are problems engaging volunteers









KEY ISSUES AND CHALLENGES FOR THE SPORT AND PHYSICAL ACTIVITY SECTOR - n= 257



 Expectations and priorities from national governments on sport organisations are increasing



54.9%



 Sport organisations have become more professional in recent years



77.4%

 The sector is changing and evolving, as a result the skills needed by those working in the sector will change too



75.1%



6.2%

 In the future there will be a demand for a better qualified workforce operating in sport organisations



70%



17.5%

 It is difficult to find and recruit people with the right skills to work as paid staff



29.2%



6.6%

40.1%

 It is difficult to find and recruit people with the right skills to work as volunteers



49%



33.5%

 It is important that staff have access to ongoing training to keep their skills up to date



87.6%



6.6%

 New training courses are required to meet the training needs of sport organisations



68.5%



17.5%

 Universities/ training providers should work more closely with sport organisations



54.5%



14%

 It is difficult to progress from a technical role (e.g. as a coach or instructor) to a management position



28.4%



38.1%

 The workforce of paid staff and volunteers in the sport and physical activity sector needs to be inclusive (reflecting gender disability and minorities in society)



58.8%



19.5%

Staff would benefit from learning experiences in other countries



43.2%



19.5%



THE PROJECT

The aim of the ESSA-Sport project, funded by the European Commission under the Erasmus+ programme, was to establish a European Sector Skills Alliance covering the full breadth of the sport and physical activity sector across the EU.

The 3-year project, which concluded in October 2019, aimed to create a debate within the sector on the key issues of skills and workforce development which are central to helping the sector grow, to equip those working or volunteering with the right skills and to enable the sector to fulfil its potential as a social, health and economic driver.

The overall ambition was to create an evidential basis for change and improvement, to create a major consultation on skills and to build a lasting consultation network at national and EU level to take forward the conclusions and recommendations made in national and EU Reports.

The consortium, composed of 20 national coordinators and 5 European networks, is proud to have generated new knowledge and statistics included within this National Fact Sheet.

Further information on the identified skill needs and future priorities for the sector can be found in the detailed European Report as well as National Reports.



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